



LLS News

19/06/2026



Dear families

The UK Health Security Agency (UKHSA) has issued an Amber Heat Health Alert for London due to the high temperatures forecast for next week.

The health and wellbeing of our students and staff remain our priority, and we will be taking additional measures to keep everyone safe and comfortable during the warmer weather.

To help us support your child, please ensure that:

- Your child brings a clearly named water bottle to school every day.
- Sunscreen is applied before school where appropriate and sunscreen is sent to school.
- Your child brings a sun hat or cap to wear during outdoor activities.
- Your child wears suitable lightweight clothing.

We will encourage all students to have water regularly, make use of shaded areas and adapt activities where necessary. Our nursing team will closely monitor all students for heat related illnesses.

Thank you for your support in helping us keep all students safe and comfortable during the hot weather.

Kind regards,
Monika and Sarah

Events and dates to remember



Summer Term Dates

Alumni Event for Past Pupils of Linden Lodge
Saturday 20 June
10am-3pm

Phase Transitions Event for parents and carers
Tuesday 23rd June
10-12pm

Last day for students
Thursday 16th July
2026

Planning and Preparation Day
Friday 17th July 2026

Planning and Preparation Day
Monday 20th July
2026

Star of the Week

Lara for beautiful walking, trailing and sighted guide. For increased trailing independence and asking for the adults when help is needed.

Bethany and Drew for using the trikes after school. It was a new experience that was enjoyed by all.

DJ for making Olive bread, he was supported to use equipment safely to create this new recipe.

David for participating and socialising with friends during Scouts this week.

Zephyr for actively participating in our snack group. He enjoyed tasting the fruits and using a switch to blend the ingredients!



Please remember that Linden Lodge is a nut free school



Learning@Linden Lodge in Residential

Mid-Month Mates Meal!!!

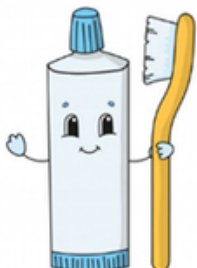
This week, one of our residential boarders invited a class mate to have lunch in Richley House. This was a unique experience for a non-boarder to visit and explore the provision, whilst building on positive friendships and social interactions.



HEALTHY SCHOOLS LONDON

We would like to share that Linden Lodge is now working towards the Bronze Healthy Schools Award. As a part of this we will be reviewing our current practices around healthy eating, pupil wellbeing, children and young people's health and our physical health. We will be sending out some updates regarding healthy living in the newsletter each week and look forward to sharing our progress with you.

This week's focus is oral hygiene and we have some suggestions below that can support our learners with brushing their teeth



- Use of flavoured or unflavoured toothpaste
- Exploring manual or electric toothbrushes
 - Looking at our mouth in the mirror
- Feeling our gums and teeth with our fingers
 - Listening to tooth brushing stories
 - Singing or watching a too



Transitioning to adulthood

Wellbeing in times of transition

Transition can feel exciting but it can also be a challenging time for young people and their families.

This week, we focus on support services which you or your child may wish to access.

Carer's Assessments:

Anybody over 18 who is a caregiver for someone with a disability is eligible to ask for a carer's assessment. A carer's assessment is an opportunity to discuss with an assessor the ways in which caring impacts your life, including your physical and mental health, work, and free time. The assessor will then identify the support you may benefit from which can include emotional support, practical assistance, training, equipment and alterations, advice about benefits, and respite care. Carer's assessments are requested via adult social services or children with disabilities departments at your local council, depending on the age of the person you are caring for.

<https://www.carersuk.org/help-and-advice/practical-support/carers-assessment/>

RSBC Families First:

RSBC Families First service offers 1:1 emotional wellbeing support for anyone impacted emotionally by vision impairment. This includes the siblings, parents, and any family members of someone with a vision impairment, as well as the person with the vision impairment themselves. The support provided specifically relates to vision impairment, and can be done through talking sessions, or for some age groups, through play.

<https://www.rsbc.org.uk/pages/family-support>

LOOK mentoring scheme:

Young people aged 11-29 may benefit from the LOOK mentoring scheme. Through the LOOK mentoring scheme, young people are paired with a visually impaired mentor aged 18-29 who is DBS checked and has had similar life experience. The programme aims to develop the mentee's self-confidence and ability to ask for help with the support of someone who has lived experience of growing up with a vision impairment. Mentors and mentees discuss varied topics such as hobbies, independent living skills, friendships, accessibility, and more. It is also possible to apply for a mentor specifically to support entering further education or the world of work.

<https://www.look-uk.org/mentoring/>

Social stories:

Some young people may benefit from social stories to prepare them for transition. There are many social stories available online for free or a small fee that you could tweak to best fit your child's individual circumstances. Bag Books have put together some free guides for creating your own multi-sensory stories on topics such as moving home and starting a new school. These guides can be accessed via the link below:

<https://www.bagbooks.org/resources-access>



Outdoor Learning@Linden Lodge

Ready, Set Harvest!

After 14 weeks it was finally time to harvest our potatoes and reap the rewards of all our hard work.

We pulled the stems, dug in the soil and used our fingers to poke and prod. We then weighed them, washed them and sent them to Lisa, in the school kitchen, to cook them. Finally it was time to taste our produce, Yum Yum!



Learning@Linden Lodge

Last Thursday, students from Minerva were accompanied by the Habilitation Team on a visit to the Royal Society for Blind Children (RSBC) Life Without Limits Centre near London Bridge. The students had the opportunity to learn about the wide range of services and activities that RSBC offers to children, young people, and their families. Working collaboratively with RSBC's own Habilitation Specialist, the students enjoyed making their own pizzas in the fully accessible kitchen before sitting down to enjoy them for lunch.

The day concluded with a technology session focused on AI and independence, providing opportunities for students to explore a range of apps first-hand and consider how technology can support everyday living and independence.

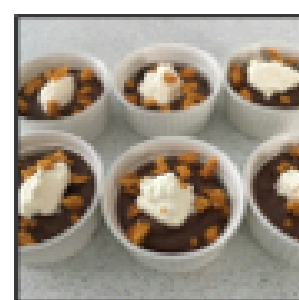
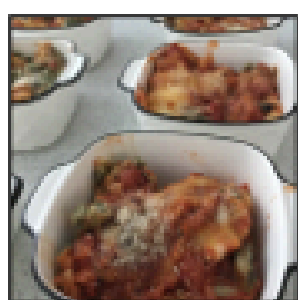
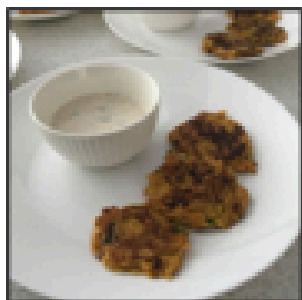
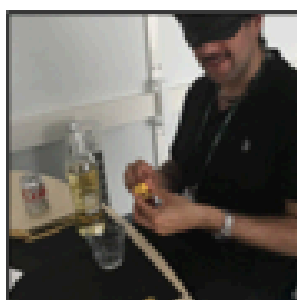
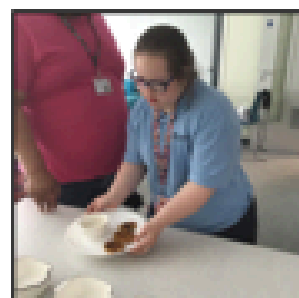
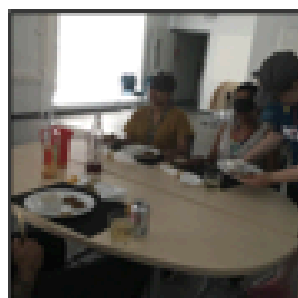
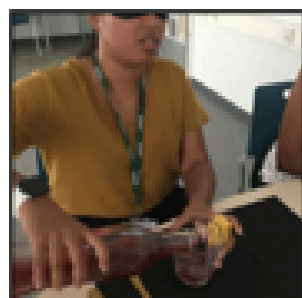
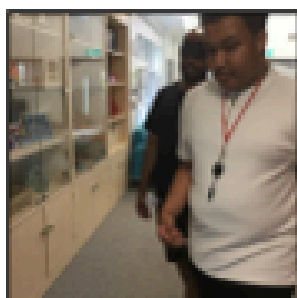


Dine in the Dark



We had another successful year with our Dine in the Dark project. Students diligently prepared for the event for 3 weeks, with menu planning, cooking, baking, evaluating dishes to find the perfect combination of courses. Thank you to our guest for trusting us with the experience.

This year we served sweetcorn fritters with yoghurt dip for starter, main was spinach and ricotta cannelloni and chocolate mousse with honeycomb for dessert.



The SH@LL event

The SH@LL event was a huge success. The children had a fantastic time at Wimbledon Cricket Club enjoying cricket while learning more about visual impairments.

They had the opportunity to try a range of Sim Specs which simulate different visual impairments and experience playing with a VI cricket ball.

After a fun-filled afternoon cricket in the sun, we sat down and had some well-earned dinner followed by some delicious dessert!

We are already looking forward to our next event and would love to welcome even more families to join us for another memorable day of fun, friendship and new experiences!





Community at Linden Lodge

NEEDS YOUR HELP

We need new volunteers to keep our events running.

C@LL has been running as a PTA for 7 years organising events such as **Summer Walk and BBQs**, **Christmas Events**, **Online Music**, **Sibling Events**, **First Aid Training**, **Educational Webinars** and much more....

No experience is needed, and you can contribute as much or as little time as you like.

What will you be doing?

<ul style="list-style-type: none">Helping to decide which activities best serve our community	<ul style="list-style-type: none">Supporting event planning by organising refreshments and entertainment
<ul style="list-style-type: none">Submitting fundraising grant requests using existing information	<ul style="list-style-type: none">Treasurer role: managing C@LL's modest income and expenditure
	<ul style="list-style-type: none">Connecting with other parent/carers and having some fun!

Could you be our new treasurer?

If you're interested in a no-obligation chat about becoming a committee member, or require further information, please contact Rebecca at rlotreanor@gmail.com or Jess at jesscilly@yahoo.co.uk Our current treasurer is stepping down, so we urgently need to fill this role. Full training and support is available.

Without a committee, our events can't continue.