



LLS News

11/07/2025



Dear families

Today you will have received your child/young person's end of year report. If you have any questions or comments please contact your child/young person's class teacher.

After School Club has finished for this term and will restart in September.

We look forward to seeing you on Sunday at the C@LL Summer Event. If you would like to join the walk please arrive at 10.30am. The BBQ will start at 12pm.

The last day of term for students is Friday 18th July. School finishes at 1.30pm. The new school year starts for students on Tuesday 2nd September at 8.50am. Please remember to notify your transport provider of the start and finish times.

Have a lovely weekend.

Events and dates to remember

Summer Term Dates

Sunday 13th July
C@LL Summer Event

Friday 18th July 2025
Last day for pupils.
School finishes at
1.30pm

Monday 21st July
2025

Inset Day (no pupils)

Tuesday 22nd July
2025

Planning and
Preparation Day for
staff (no pupils)

Tuesday 2nd
September 2025 at
8.50am
Start of Autumn Term

Star of the Week

DJ for closely monitoring and watering the plants in RH

Aviyah for amazing walking to and from her bedroom this week.

Fara for working hard on her physio and OT goals by sitting more independently this week. Great effort, Fara!



Habilitation Star of the Week

Lara for identifying the blister paving with her feet for the first time and singing the song about it - well done Lara!



Learning at Linden - Graduation 2025



Congratulations to all of our graduates of 2025!
We're so proud of them, and were honoured to celebrate graduation day with them.
We wish them well and look forward to hearing all about the next steps in their journeys at next year's alumni event.



Therapy Top Tips

The Summer holidays are almost here, and with them some time to relax and switch off from the usual structure of school life. However, research shows that routines promote healthy social and emotional development and support mental health in children and young people. A regular routine, even if different from the usual school routine, will support children and young people to regulate their feelings and behaviours so that they are better able to adapt to daily stressors and expectations. Try incorporating the following tips into your summer holiday:



- Have predictable anchors during the day such as a specific bedtime or mealtime routine. Choose 2 or 3 anchors that you will focus on during the day throughout the holiday.
- Use sensory cues to support a routine such as playing a specific song or having a specific scent before a daily activity eg: bath time, mealtime, bedtime, playtime etc.
- Provide opportunities for movement breaks throughout the day to help keep the nervous system calm but alert such as going for a short walk, bouncing on a ball, washing hands/ face with cold water, having a sip of water or dancing to music.
- Be consistent in the language and phrases you use to cue a certain activity. Use the communication approach your child or young person responds to so they can understand what is coming next for example using Objects of Reference, touch cues or picture symbols etc.
- Encourage as much active participation in the routine as possible, for example helping to set up the table before a meal or choosing a story before bedtime.
- Some may benefit from a visual or tactile schedule of what the key activities in the day will be so that they know what to expect.
- One week before school starts, start preparing your child or young person for transitioning back to school: having a consistent bedtime, informing them when it will be time to return to school, talk to them about transitions/changes to expect where appropriate, remind them about their friends and class staff, and try follow similar school snack and lunch times.
- Schedule in time for 'just being together'. Predictable parenting and spending a few distraction-free minutes with your child or young person every day can support positive relationships and reduce anxiety.

Wishing you a wonderful, fun-filled Summer!
From the Linden Lodge OTs



Family Walk and BBQ

Sunday 13th July 2025



We hope you can join us on Sunday for our end of term celebration. Family walk, BBQ, entertainment and portrait sessions. Feel free to join in at whatever time suits you and your family.



10:30 Meet at school for our
Walk on Wimbledon Common

12:00-14:00 BBQ at school

13:00-15:00 Story Telling Entertainment with Andy

Adventure Playground and Ice Cream

* Family Portrait Sessions*

Look out for more information
on how to sign up



SIGN UP:

If you are able to make it along for the walk or BBQ, please let us know using the what's on tab on ClassList, thank you 🙏

Additional Information and Arrangements for Sunday:

*We look forward to seeing you this Sunday, please do not worry if you have not been able to sign up, you are more than welcome to turn up on the day. We will endeavour to make sure someone is on the gate to let you in, thank you in advance for your patience.

*There are still some slots for a Family Portrait session if you would like to sign up on the day.

*BBQ – While knowing numbers helps us to plan, we always over cater to make sure no one goes hungry. (Vegetarian and Halal options available)

*Weather - Our summer weather continues and Sunday looks to be a very hot afternoon. We will do our best to provide shade where we can and will open up a space inside too if needed, please come prepared with sun cream and suitable clothing. You will be able to fill up water bottles throughout the afternoon as needed.

If you have any other questions please use ClassList or email, communityatlindenlodge@gmail.com

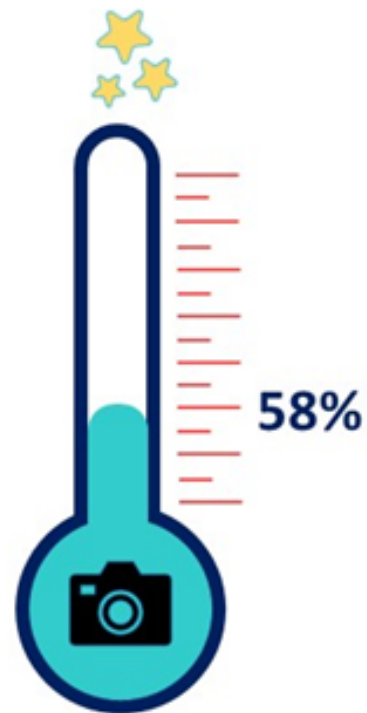
Please return your photo/video consent form

Thank you to those who have completed the photo/video consent form for next year - we are over halfway to our target of 100% completed forms ready for the new term.

If you have not yet returned your form please complete the paper copy that was sent home or use the online form link below.

Photo/video consent form:

<https://forms.cloud.microsoft/e/PBxLsQDhzu>



Noticeboard

Links to external websites are provided for convenience. Linden Lodge School does not endorse or assume responsibility for the content of these sites.

PARENTS AND CAREGIVERS.

ONLINE MEDITATION PROGRAMME



Time and Date:

**Mondays -Starting
September -2025**

**15th sept, 22nd, 29th,
6th Oct, 13th & 20th.**

12:00- 1:00 pm

Instructor

**Daniella Oviedo -
Mindful Beings**

For Booking:

mindfulbeingsdo@gmail.co.uk

07761625002

£120

Mindfulbeingsdo.com



MINDFUL BEINGS
Mindfulness & Therapeutic Yoga

Join me on a mindful meditation programme for six weeks, starting in September 2025.

Learning meditation & mindfulness Technique's to support your wellbeing & Mental Health.

Each week exploring different practices and weekly themes of the current collective group.

The one hour will be covering a themed discussion, with a meditation to compliment, then space to open up any questions that arise from the weekly practices.

