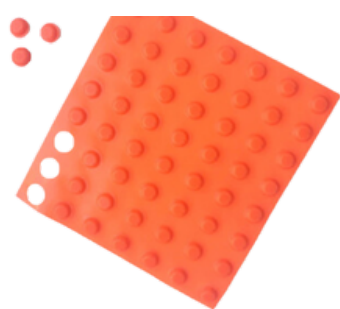


Dear Parents and Carers

We would like to support you with a list of adaptable resources that can help your child to be more independent and safer when helping you in the kitchen at home. These are resources that they are or will be using in the school during lessons.

Please click on the pictures to go the website or see full link list on final page.



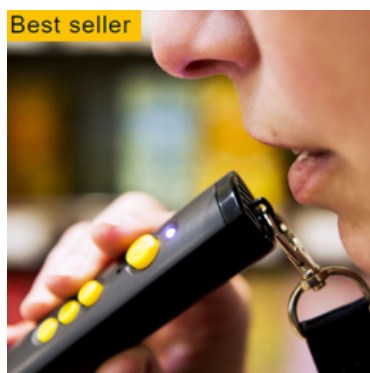
Bumpy Stickers

Can be placed onto oven or microwave buttons to identify certain buttons or to support student to set required function/temperature



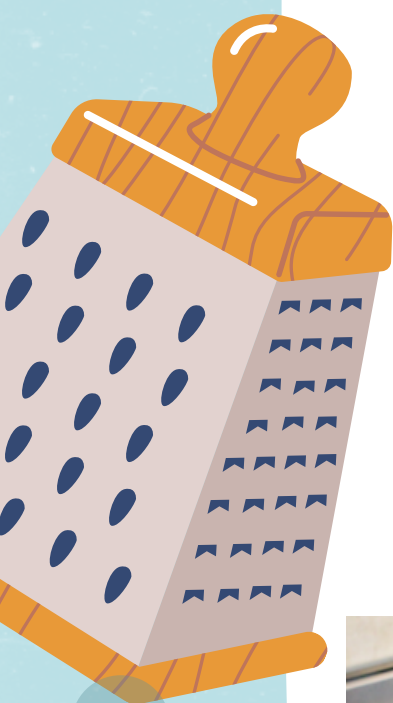
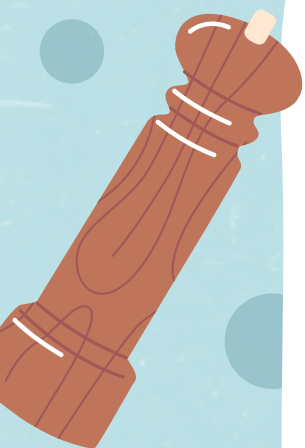
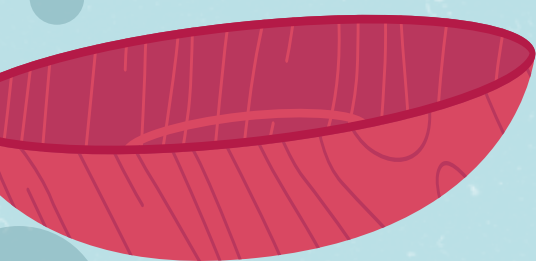
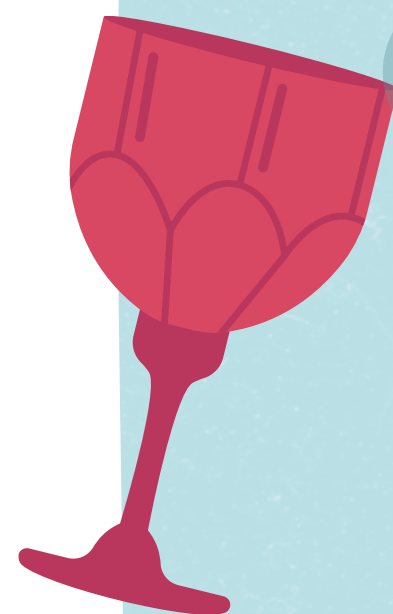
Pan Pickles

To support the pan from sliding around (for induction hobs only)

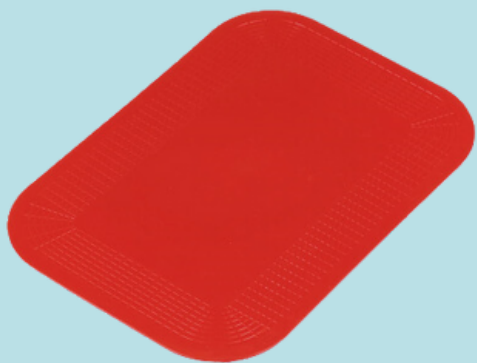


Pen Friend

Audio labelling device which identifies objects by recording your voice on sticky labels up to 40 seconds long



Click on the pictures to take you to the website!



Non Slip Matt



Spikey Board



Talking Induction Hob



Talking Air Fryer



Water Boil Disk Alert



Talking Measuring Jug



Talking Tins



Sticky Braille for Labels



Talking Microwave



Tipping Aid



Adapted Knives



Talking Timer



Adapted Combination Board



Talking Thermometer



Liquid Level Indicator

Talking Scales



Audio Cook Books

1,000 Recipe Cookbook	https://shop.rnib.org.uk/1000-recipe-cookbook-dcd-mto-1149
Nigella Express	https://shop.rnib.org.uk/nigella-express-mto-1279
Rick Stein's Far Eastern Odyssey	https://shop.rnib.org.uk/rick-steins-far-eastern-odyssey-dcd-1479
Student Cookbook	https://shop.rnib.org.uk/student-cookbook-dcd-mto-1498
Caribbean Food Made Easy	https://shop.rnib.org.uk/student-cookbook-dcd-mto-1498
Cooking for VIP's	https://shop.rnib.org.uk/cooking-for-vips-cookbook-for-the-visually-impaired-daisy
5 ingredients: Quick and Easy	https://shop.rnib.org.uk/5-ingredients-quick-and-easy-food-dcd-mto-2149
Home comforts	https://shop.rnib.org.uk/home-comforts-dcd-mto-2138

If you'd like any more information please don't hesitate to get in touch with the school
info@lindendlodge.org.uk

Thank you

Andrea
Food Technology Teacher

EQUIPMENT	LINK TO WEBSITES
Non-slip mats	https://shop.rnib.org.uk/dycem-med-non-slip-oblong-mat-red-2614
Talking timer	https://shop.rnib.org.uk/talking-digital-timer-kitchen
Talking thermometer	https://shop.rnib.org.uk/talking-food-thermometer
Talking induction hob	https://shop.rnib.org.uk/d-s-talking-single-tabletop-induction-hob-2594
Talking air fryer	https://cobolt.co.uk/products/talking-air-fryer
Talking jugs	https://cobolt.co.uk/products/talking-measuring-jug
Talking kitchen scale	https://shop.rnib.org.uk/talking-kitchen-scale-with-ets-jug-94374
Talking microwave	https://shop.rnib.org.uk/a-rnib-talking-microwave-rnib-edition-89800
Talking tins	https://shop.rnib.org.uk/talking-tins-40-secs-pack-of-3-red-2620
Water boil disk alert	https://shop.rnib.org.uk/water-boil-alert-disc-93999
Pan pickles	https://shop.rnib.org.uk/pan-pickle-for-induction-hobs-multiple-colour-options-94456
Tipping aid	https://www.completecareshop.co.uk/living-aids/kitchen-aids/utensils/kettle-tippers/economy-jug-kettle-tipper?sku=Q04361
Adapted knives	https://www.completecareshop.co.uk/search?query=knife
Adapted combination board	https://livingmadeeasy.org.uk/product/combination-chopping-board
Spikey board	https://shop.rnib.org.uk/chopping-board-with-food-prep-help-large-red-2598
Liquid level indicator	https://shop.rnib.org.uk/rnib-liquid-level-indicator-audible-vibratory
Bumpy stickers	https://shop.rnib.org.uk/orange-bumperstop-protectors-72-816
Pen friend (audio label)	https://shop.rnib.org.uk/rnib-penfriend-3-93818
Sticky braille for labels	https://shop.rnib.org.uk/clear-self-adhesive-sheets-11-pack-of-8-94933