



LLS News

19/05/2023



Dear families

This week has been Mental Health Awareness Week. Classes have been celebrating the week with lots of activities, some of which are featured in this newsletter.

As the week comes to an end we would like to share some NHS approved apps for young people over 18, parents and carers—<https://www.good-thinking.uk/apps> - which you may find helpful.

Thank you to everyone who attended C@LL's AGM this week. Please read on for more news from the meeting. Planning is well underway for the popular summer event which will be taking place on Sunday 16th July. More details will be shared with you next week.

We look forward to welcoming our Year 6 parents to the secondary transition session on Thursday next week.

Have a lovely weekend.

Term Dates

Summer Term 2023

- **Half term** - Monday 29th May to Friday 2nd June 2023
- **INSET Day 4 (no pupils)** - Monday 5th June 2023 INSET
- **Last day for pupils** - Wednesday 19th July 2023

Star of the Week/Kindness Award

Joty for excellent self propelling to explore new/different areas of the school and carrying out jobs and responsibilities.

Lucien for increased interest and engagement in phonetic and spelling activities/tasks.

Arnabh for being so engaged during his weekly lessons and for being a maths champion. Arnabh counted backwards and forwards from any given number from 0 -20. Well done!

Josue for being so happy and engaged during our home visit this week. It was lovely to meet you in person!



Dates for your diary

Year 6 transition meeting

Thursday 25th May
10am-12pm

Earwig parent and carer sessions

Summer term 2:
12.07.2023 at 10:00



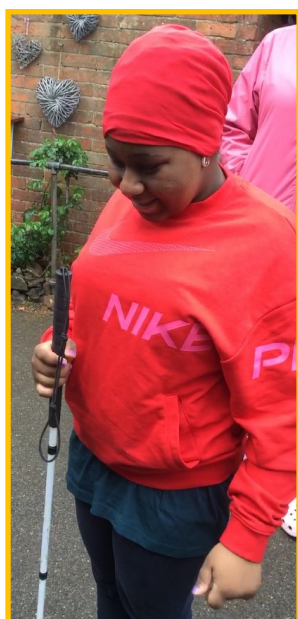
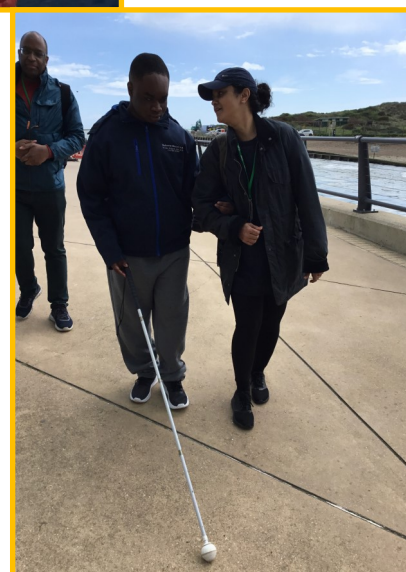
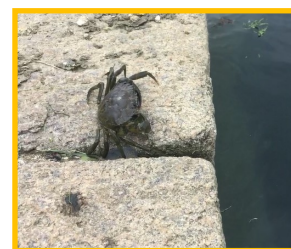
Learning at Linden Lodge

Woodlarks Trip

Last week ,9th-12th of May, a group of 9 students stayed at Woodlarks camp in Farnham.

Although the weather wasn't particularly good to us, we still explored the woods, played games, went to the beach, sang, danced, listened to stories and experienced the zip wire.





Chef Eloise visited Linden Lodge to deliver a workshop where Minerva and Sixth Form students enjoyed making Green Thai Curry with rice.

This was a fantastic opportunity for our students organised by Ilze (Rinova) and Alex to get a first-hand experience working with a chef and to enhance their skills and knowledge for employability.

Students followed the instructions from the chef and cooked deliciously aromatic curries. On the end of the session they asked questions from Chef Eloise and took their food home.

The workshop was a great success and we look forward to have Chef Eloise and Ilze back again in the future for more foodie workshops.



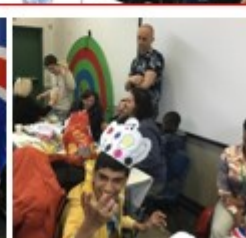
RINOVA innovate, create & regenerate



Our Coronation Celebration



In Linden Lodge we celebrated the coronation of King Charles III with a party. Students decorated crowns, created invitations, bunting and made food for the occasion.





PE Department Weekly Update

The PE department has had another very busy week. Our Minerva classes had the pleasure of two amazing football lessons being delivered by Fulham Football Club coaches who came on site and delivered some really insightful Visually Impaired football coaching sessions. I saw some pupils build on existing skills and implement them in a game situation that really showed me how well they have developed their confidence playing football.

We also have purchased some new table cricket equipment as we expand our sports offer for our wheelchair users and beyond. The games that we have played so far have been very enjoyable and the novelty of having some new equipment to interact with and some new skills to learn has been fun for pupils and staff. We hope to add this sport to our pre-formal curriculum for next year and continue to develop our PE provision for the future.

Sticking with the cricket theme, on Monday 15th May Flute class went on a day trip by Surrey Cricket club at the Oval for disability sports day. Where 500+ pupils from various schools around London participated in a variety of sports such as Cricket, VI Cricket and Multi- Sport. The Linden Lodge pupils did an amazing job trying new things and engaging with new people. Finally, a very special shout out to our fantastic Josh from Minerva 2 who was supporting Surrey Cricket Club as an assistant for the day, fantastic work Josh!

Thank you as always to everyone who supported Physical Education this week!

Alex and the PE Department



Mental Health Awareness Week

Pupils in the Secondary Department used poetry to express their thoughts this week.

Acrostic Poem: Worries

Worries can make you feel sad
Or sometimes cry
Remember to breathe
Remember to be strong
If you need to speak to someone
Everyone is there for you and cares
So remember to talk and speak out

By Anabel and Naseebah

Acrostic Poem: Worries

When I'm older
Or mature
Relax yourself
Remember you're brave
If your teeth are white
Everyday feels that way
So book a first-class flight with your friends and
loved ones to Tokyo and so forth

By Savannah and Murtaza

The Feelings I Hear

When I feel happy, I hear roses talking to me
When I feel upset, I hear the crying and shouting of Mums and Dads
When I feel excited, I hear wind whistling past my ears as the playground swings
creak beneath me
When I feel cross, I hear crackling fires and a boiling kettle
When I feel calm, I hear stars twinkling like diamonds in a dark black sky
When I feel lonely, I hear the aching of my tummy as a door closes
When I feel nervous, I hear the squeak squeak pitter patter of a rat creeping into my
room
When I feel loved, I hear the boom boom of a beating heart

By Caitlin, Royem & DJ

Harp class happily celebrated mental health week by exploring different emotions through art and music

Each pupil where introduced to a variety of messy sensory painting such as bubble painting, ice painting and balloon painting, sticks, chalk and much more as part of their activity. They each had a time of their life.



Thank you so much to everyone who joined the C@LL AGM this week. It was heart-warming to see the support for C@LL. We established your committee for the coming year. Huge thanks to Fiona Woodworth and Sinéad Bevan for your incredible contribution to C@LL and a very warm welcome to parent Sabina Fuller who is joining the committee. Your C@LL committee is now:



The C@LL Committee

Naseem Walker , (Chair) mum to Leila, the Alba Centre	Saira Asif , mum to Ameera, Secondary Department	Winnie Williams , grandmother to Aviyah, Secondary Department
David Shaw (Vice Chair), Deputy Head	Emily Danvers , Speech and Language Therapist	Sabina Fuller , mum to Sebi, Early Years Department
Jackie Nolan (Secretary), PA to the Co-Headteachers	Jorge Herrera , dad to Alejandro, Harris Centre	
Rebecca Treanor (Treasurer), mum to Teddy, Primary Department	Shilpa Shetty , mum to Jay, Primary Department	

Therapy Team News

Kidz to Adultz

Therapies were lucky enough to send a number of the therapists to this year's Kidz to Adultz.

Therapists were able to meet, talk to, learn about opportunities for our pupils with regards to future equipment, resources and opportunities. Information was also gathered for sharing ideas and support for families- this is to be discussed and explored further to consider how we can share this information.

From this day we have so much to discuss and organise with regards to reps and visits.

It was great to have Linden Lodge part of this pro-active and forwards thinking event.



Noticeboard

You may already be aware but Vogue's May 2023 issue features 19 "brilliant, beautiful and impactful Disabled talents from across fashion, sport, the arts and activism". Edward Enninfu (the editor) wrote that "disability should feel personal to us all".

They are releasing their first ever Braille edition of this issue!

