



LLS News

10/02/2023



Dear families

It has been a busy half term and we would like to thank you for all your support.

This week has been full of exciting wellbeing activities to mark Children's Mental Health Week. We have included lots of photos of all our fun learning experiences on pages 2-4.

We have been saddened to see the scenes of devastation caused by the earthquakes in Türkiye (Turkey) and Syria and would like to ask you to join us in raising funds for the families affected by this tragedy. On Tuesday 21st February (the first day back for pupils) we would like everyone to dress in red and white, as the colours appear in both the Turkish and Syrian flags, and make a donation which will we pay into the Disasters Emergency Committee (DEC) Appeal. £100 could provide emergency shelter for four families.

We wish you all a lovely half term break and look forward to seeing the children and young people back on Tuesday 21st February at 8.50am.

Term Dates

Spring Term 2023

Half term break Monday 13th to Friday 17th February 2023

Planning and Preparation Day (no pupils)

Monday 20th February 2023

Pupils return

Tuesday 21st February

Last day for pupils

Friday 31st March 2023

Dinner money

As of 31st March 2023 we will no longer be able to accept cash payments for dinner money, all payments should be made via school gateway.

If you are having any issues accessing or making payments via school gateway please contact the finance team before this date at finance@lindenlodge.wandsworth.sch.uk

Dates for your diary

Tuesday 21st February

After school club starts

Star of the Week/Kindness Award

Akshada - for overcoming her fear towards the hearing screening and asking a lot of brilliant questions throughout the screening.

Nicolas - for independently feeding himself this week and scooping his food 7 times in a row without prompting from an adult.



www.lindenlodge.wandsworth.sch.uk

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Enabling

Nurturing

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Learning at Linden Lodge

Children's Mental Health Week

This week the whole school has been taking part in activities to celebrate Children's Mental Health Week. On Wednesday we had an engaging and fun-filled day of drumming and singing. Thank you to Winnie and Chenzira for our amazing drumming sessions.







We know how important it is for us to spend time in nature to support our wellbeing. We enjoyed some sunshine and made bird feeders to hang in the school grounds.

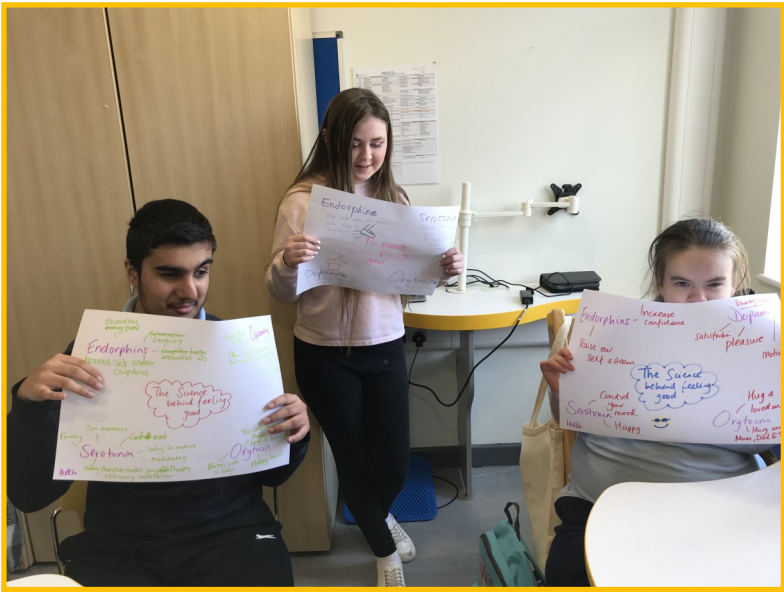


Minerva 2 wrote a poem—‘Feeling Good’ .

Feeling Good

Making a Lego bus.
 Having a relaxing bath.
 Going out for a walk in the sun.
 Listening to an exciting story.
 Going to the gym, working out and training.
 A nice warm, sunny destination.
 Good food, cooking and baking.
 Dancing to your favourite music.
 Being with friends.
 Doing art at school – painting and drawing.
 Doing drama...
 Playing football.
 Taking care of me.
 That makes me happy!

As part of Children's Mental Health Week in Science we learnt about the 'Science behind feeling good'. We researched hormones that make us feel motivated and happy, and how we can trigger the release of these in our bodies.



The Primary Department Assembly used this week's theme, Let's Connect, to help the children explore how they can come together to help each other.



Cooking Sessions at Richley House

At Richley House, we are working hard on building our independence around making food. We wanted to share some of our experiences with everyone and encourage others to make their own meals like we do.

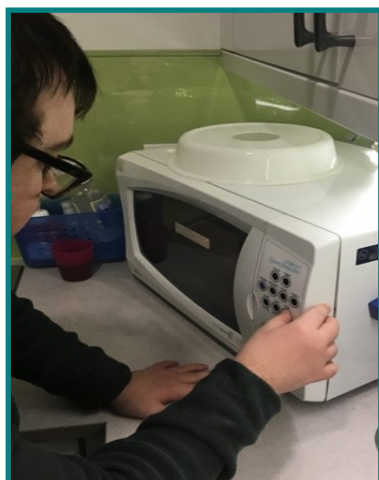
Every Tuesday and Thursday we choose a meal we would like to make, research the ingredients and order them from Lisa, our Catering Manager. We then use a range of skills and technologies to produce some fantastic meals for ourselves.



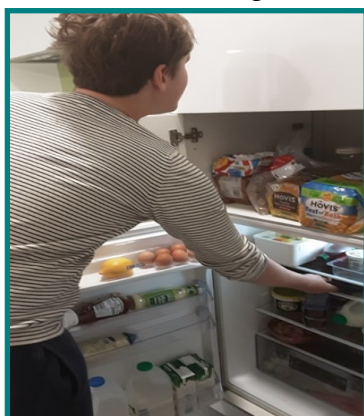
We love exploring new ingredients and have very exotic tastes. Recently "we enjoyed making Ackee and salt fish which was amazing!!" We fried some plantain with it too.



We use talking equipment to support us in making our meals including a talking induction hob, talking microwave and talking scales. This means we can be as independent as possible.



We make sure we know where all of our ingredients are kept and organise our spaces to make sure they suit us. We have braille and large font labels to make sure we can read where everything is kept.



Independence means something different to all of our young people at Richley House. Exploring new technologies and ingredients is important to us. We enjoy exploring new ingredients making sure we feel, taste and smell them. Encouraging our sensory development is a key part of our cooking clubs.



Our goal is to make a meal for our friends and family and show them how far we come. We are looking forward to inviting them in soon to cook for them and celebrating our successes together!!!



Thank you to the many parents and carers who joined us last week for the C@LL talk on Relationships, Sex and Health Education. It was enlightening to hear from the school professionals and so supportive to hear from each other on our challenges and approaches.

Do contact Sinéad Bevan if you're looking for help in this area and please watch this space for more in C@LL's RSHE series.

sinead.bevan@lindenlodge.wandsworth.sch.uk

If you would like more explanation or resource support about SALT and RSHE for your non-verbal children and young people (including RSHE vocabulary for AAC), please reach out to the Speech and Language Therapy team via your allocated therapist's email address or through myself megan.armstrong@lindenlodge.wandsworth.sch.uk



Tesco is live!

Following C@LL's successful application for a Tesco Community Grant, the donation boxes are now live in Tesco stores. The more tokens we get, the more money C@LL receives.

It's grants like this which fund the fantastic C@LL Christmas event which many of you attended along with other events and speakers throughout the year.

So do please pop into any of the Tesco stores below and share with your family and friends. They typically give you extra tokens if you say you're from the charity, or even better, take your child in with you!

Thank you for your support.

2851 Tooting Balham High Road SW17 7BA Express	2851 Tooting Balham High Road SW17 7BA Express	2211 Balham Express SW17 7BL Express
2755 Battersea Rise Express SW11 1HG Express	2755 Battersea Rise Express SW11 1HG Express	3484 Putney High St Express SW15 1SU Express
4563 Putney Upper Richmond	4629 Earlsfield Station Express	4695 Prince Of Wales Express
4836 Tooting Express SW17 0PZ Express	5354 Falcon Battersea Express SW11 2PJ Express	5420 Upper Tooting Express SW17 7EN Express
5560 Tooting Broadway	5822 Earlsfield Garret Express	6133 Battersea SW11 4NE Ex-
6493 Wandsworth High St Express SW18 4HY Express	6566 Wandsworth Battersea Rise Express SW18 1TW	6673 Southfields Replingham Rd Express SW18 5LS
6790 Summerstown Garratt Express SW17 0NT Express		



Join Lucy and your fellow C@LL members for a fun, interactive and accessible online music session on Tuesday 14th February at 2023, everyone is welcome! A list of instruments / household items to bring along will be shared ahead of the session. Look forward to seeing you there!

C@LL HALF TERM ONLINE MUSIC SESSION

FREE, FUN & ACCESSIBLE
WITH LUCY OSBORNE ON ZOOM

Tuesday 14th February 2023

Time: 10 - 11am

Please visit Classlist events to register
your interest and access the link

**Music making
for everyone!**

*communityatlindenlodge
@gmail.com*



SibSHerd@LindenLodge

We are so excited to welcome Siblings, friends, cousins and young people to the next SH@LL event, designed by your SH@LL committee (Siblings Herd @ Linden Lodge). As always, these events are an opportunity to dedicate time and activities to the amazing brothers, sisters and all young supporters of Linden Lodge pupils. Get to know the school, connect with each other and enjoy fun activities together.

The event will include:

- A unique 'access all areas' scavenger hunt around the amazing school facilities - all ages
- Junk yard percussion music session hosted by Street Style Surgery - groups will be arranged by age
- Pizza, snacks and exploring the new playground!

Date: **12th March 2023**

Time: **3pm-5:30pm**

Venue: Linden Lodge School. Parking available on site.

Please bring a **large recycled object that you can use to make music** e.g. box/ bucket/ bottle.

Parents are welcome to refreshments throughout.

It's a free event, please confirm attendance to allow for planning. Contact us via classlist or communityatlindenlodge@gmail.com with any questions.

We look forward to seeing lots of you soon!

Email us on: communityatlindenlodge@gmail.com

Half Term Fun



thames valley adventure playground

supporting children & adults with special needs and their families

Registered Charity Number 278336

Kerry, Occupational Therapist, has recommended Thames Valley Adventure Park as a good day out for families over the half term break.

Thames Valley Adventure Park, based in Maidenhead, is a charity that offers a range of adventurous, therapeutic and educational play activities in a safe, caring and stimulating environment. It caters for both children and adults with all types of disability. Everything is wheelchair accessible. They have sensory rooms, a soft play area and a big outdoor area with swings, roundabouts, and water fun!.

Booking is essential: <https://www.tvap.co.uk>

Here are some more venues which offer accessible visits:

The Natural History Museum offers audio descriptive guides and free guided audio description tours as well as braille and large print guides. There are a number of quiet spaces and ear defenders are available to borrow. Guide dogs are welcome and there are a small number of parking spaces for blue badge holders which must be booked ahead of your visit. There are also 12 blue badge spaces on Exhibition Road. <https://www.nhm.ac.uk/visit.html>

The Cutty Sark in Greenwich has braille and tactile models. There is free parking for blue badge holders, carers go free and a concession price for disabled visitors. All levels are wheelchair accessible with lifts however some parts of the main deck are not wheelchair accessible and are available to view on a virtual tour. There is a step free route to approach the ship. <https://www.rmg.co.uk/plan-your-visit/facilities-access#CS>

Kew Gardens offer SEND Family Sensory Tours for children and young people with severe, profound and complex learning difficulties. You can book Sensory Activity Packs and SEND Sensory Story Sacks. Blue badge holders can park for free in disabled access parking spaces or other spaces if full. <https://www.kew.org/kew-gardens/families>

Legoland Windsor, Chessington World of Adventures and Thorpe Park have a Ride Access Pass system for visitors who are unable to queue due to a disability. All 3 venues offer a free carer ticket. Legoland offers Accessibility Flashcards. There is a designated car park for blue badge holders at £10 per day. Chessington offers designated blue badge parking at £4 per day. Thorpe Park offers disabled parking at the standard fee of £8 per day.

